

# TOURS SUMMARY

## Family Trip - Costa Rica Trip

The following Activity has been paid in advance and scheduled in your Itinerary.

### *In Monteverde:*

## Selvatura Park (Package #8 & #16)

[www.selvatura.com](http://www.selvatura.com)

**TOUR DATE: Thursday, July 28<sup>th</sup>**

Pick up at hotel: 7:50 AM (they will pick you up at your hotel)

Drop off at hotel: ~ 2:00 PM

**PAYMENT STATUS: TOUR PAID IN ADVANCE (includes transfer to/from hotel)**

**CONFIRMATION #: 15386**

**Suggested tip for Guide: \$10**

**WHAT TO BRING:** Sturdy close-toed shoes, pants, camera with ziplock bag, insect repellent, binoculars and rain shell.



### Package Includes:

**Canopy Tour:** Traverse through cables and zip lines through the Cloud Forest. The Canopy Tour consists of 15 cables and 18 platforms and takes approximately 2.5 or 3 hours. In this tour visitors will be zipped through each of the cables while attached to a top safety harness and using the best climbing gear available. It is an adventurous tour that elevates adrenaline to the maximum while keeping the safety level as the main goal.

**Butterfly Garden:** One of the world's largest live butterfly exhibitions with more than 50 different species of butterflies from all over Costa Rica. In this tour a guide will join you and introduce you to the world of butterflies and all its wonders. This guided tour takes between 45 minutes and 1 hour.

**Hummingbird Garden:** Visitors will be able to observe more than 14 different species of hummingbirds from the cloud forest. A treat for photography lovers and a spectacular air show for anyone who loves nature. No time limit for this tour.

**Insect Museum:** Enjoy the world's third largest private insect collection. Take a close look at thousands of insects, butterflies and other wonderful species from all over the world, presented in a way never seen before anywhere else. Admire the exhibition "Jewels of the Rain Forest" by world renowned entomologist Dr. Richard Whitten who has been collecting insects for decades.

**Reptile & Amphibian Exhibition:** In our Reptile and Amphibian Exhibition you will find frogs, lizards, geckos and snakes, more than 30 species! In this guided tour, you will be able to observe live reptiles and amphibians inside terrariums with specialized climate control, which provides these wonderful creatures a home-like habitat.

**Buffet Lunch:** Lunch is served in the main restaurant and you can eat lunch at any time during lunch hours. Check with Selvatura when you first check in for their current lunch hours.

## ***SUGGESTED TOURS & ACTIVITIES TO DO IN MANUEL ANTONIO:***

### **Catamaran & Snorkeling Tour with Planet Dolphin**



**Tour Company: Planet Dolphin ([www.planetdolphin.com](http://www.planetdolphin.com))**  
**Phone Number: 2-777-1647**

**Tour Includes: Pick up/drop off at hotel, bilingual guide, snorkeling gear, dinner, non-alcoholic drinks, water, etc.**

#### **WHAT TO BRING:**

- **CAMERA** (and a zip lock plastic bag for your camera to protect it from the ocean mist)
- Flip flops or water shoes
- Towel, bathing suit, sunscreen
- Change of dry clothes (shorts or comfortable pants)
- Lightweight jacket, plastic poncho or raincoat/shell (as a wind-breaker)

#### ***About the Tour:***

Sail aboard the Tom Cat or the Spanish Dancer. Come aboard and see the many dolphins, whales, sea turtles, and birds of the Manuel Antonio Marine Preserve. Enjoy a feast of fresh fruits, grilled fish brochettes, pasta salad, drinks and the finest hospitality.

The Tom Cat is a 60 ft shaded sailing catamaran. The Spanish Dancer is a 37 ft sailing sport catamaran. Both boats are completely equipped with US Coast Guard approved life preservers, marine radio, stereo system, snorkel equipment, and roomy trampoline deck. All tours are led by a bilingual Captain and biological guide. We have 15 years experience operating in Quepos and carry full civil liability insurance.

Captain Steve at the helm of the Spanish Dancer. We offer your choice of a morning sail into the Manuel Antonio Marine Preserve or a sunset sail. The tour includes snorkeling equipment, a tour of the offshore islands and a delicious meal.

Dolphins play in the wake as we sail silently through the blue pacific waters. The rushing of wind and waves are frequently interrupted by the splash of dolphins and whales coming near for a closer look.

The Costa Rica Pacific coastline is one of the most beautiful in the world. The unique geology of the region insures a surprise around every island and shore.

We stop for a leisurely swim at one of the white sand beaches and dive on the underwater reefs of the Manuel Antonio Marine Preserve.

A swim and snorkeling break offers a perfect complement to the warm sunny days. Many different kinds of reef fishes are seen while enjoying the cool waters..

Sometimes a special treat is in store for Planet Dolphin adventurers. Several species of sea turtles frequent the waters of the Marine Preserve.

# Savegre River Rafting Tour

River Rafting Tour (down Savegre River – Class II and III)



**Tour Company: Amigos del Rio ([www.amigosdelrio.net](http://www.amigosdelrio.net))**

**Phone Number: 2777-0082**

## About the Tour:

An adventurous full day on the Savegre River, with more than 20 rapids in a spectacular setting in the tropical rain forest. Savegre is the rafters dream; natural whitewater, challenging rapids and crystal clear pools. Enjoy the natural splendor and abundant wildlife. Great bird watching.

Along the way you will be astounded by the awesome canyons, waterfalls, and primary rainforest of Costa Rica. The Savegre river is a magnificent stretch of whitewater that begins its course by winding out of a sparsely inhabited valley in the mountains. At the lower savegre the whitewater rapids are exciting, but not so demanding that you won't have time to enjoy the Savegre's spectacular tropical scenery. This is one of the most pristine rivers in the country, and is surrounded by impressive views of the primary rainforest. Lurking just behind the shroud of lush foliage, you will find a number of truly magnificent waterfalls of the Savegre's tributaries. At the full day savegre river rafting you will visit a waterfall and get to explore the natural swimming pools in the area surrounded by blooming heliconias.

**WHAT TO BRING:** Tennis or teva-style shoes that you don't mind getting wet, bathing suit, camera with ziplock waterproof bag, sun block, rain shell and a complete change of warm, dry clothes to change into after rafting.

# SCUBA Diving Tours



**Tour Company: Oceans Unlimited ([www.oceansunlimitedcr.com](http://www.oceansunlimitedcr.com))**  
**Phone Number: 2777-3171**

## ***LOCAL DIVES:***

The Manuel Antonio coastline with its 12 islands gives us the pick of numerous dive sites. The majority of our local dive sites are a maximum of 20 minutes from the port and we consider your experience, preferences and local conditions to guarantee your enjoyment.

Most of our dives are between 35 and 60 feet, though there are deeper sites for more experienced divers. All dives are guided by a [PADI](#) professional who has extensive knowledge and experience at our dive sites so that you will see the most marine life and underwater formations. Dives typically last 45 minutes and you will see volcanic rock formations, with various hard and soft corals.

We have an abundant marine life with schools of Snapper and Jacks, plus White Tip Reef Sharks, Angel Fish, Moorish Idols, Parrot Fish, Puffer Fish, Octopus, Eels, Crustaceans, Sea Turtles and in season (Dec - May) the giant Manta Ray. During your surface interval with [Oceans Unlimited](#) you can enjoy the beautiful views of the Manuel Antonio National Park Coastline.

## **General trip information:**

- Must have dive certification to participate in this tour, if are not certified you can do a [Discover Scuba Diving](#), and still dive with certified friends.
- Dive at 2 different sites. (2 tanks included in trip)
- Includes local transfers from and to hotels in Quepos / Manuel Antonio
- Equipment provided mask, fins, regulator, buoyancy compensator, submersible pressure gauge and 3mm wetsuit.
- All trips are boat trips leaving from Quepos port, with captain and Divemaster
- Includes: tropical fruits, cookies, juices, water.
- Transport morning: pick up 7:30 - 8am / drop off approx 12:30pm
- Transport afternoon: pick up approx 12:30 - 1pm / drop off approx 5:30pm

# Manuel Antonio National Park

## *Tropical Rainforest Experience*



### **About Manuel Antonio National Park:**

Manuel Antonio National Park is Costa Rica's smallest national park, just over 683 hectares, but it is also one of the most amazing, famous and visited ones. Here you will find a small-forested area heavily populated by White Faced and Howler monkeys and raccoons, and three exceptionally beautiful beaches. Also it is one of the few remaining areas in which the squirrel monkey is found. Trails pass through secondary and primary forest, dominated by bastard cedar, balsa and mangrove swamps. The beaches are covered with coconut palms, a truly unique tropical paradise.

Spend the first half of a day in the park with a Nature Guide from ASOGUINAMA (Manuel Antonio National Park Naturalist Guide Association). \$39 per person - includes park entrance, bilingual nature guide with telescope, fruits, water and natural fruit drinks. Park opens early (8 am) and it is recommended to go early in the morning so you can see more wildlife, such as monkeys, sloths, tropical birds, iguanas, and all kinds of fauna you never knew existed. There is a very nice viewpoint and rest area (which is worth the hike). Follow the signs that say Sendero Mirador. Park is closed on Mondays. You can hire guides at the park entrance, and you may be able to get a better rate if you hire a guide at the park entrance.

You can visit the park **on your own** (\$10 entrance fee), and approach a group to listen in on what the guides are saying or looking at wildlife.

### **What should you bring?**

- **CAMERA** (and a zip lock plastic bag for your camera to protect it from the mist and rain)
- Comfortable walking shoes (preferably with a thick tread for hiking the trails)
- Bathing suit, towel or sarong, shorts or light weight pants (bring an extra pair of shorts in case you get really wet)
- Lightweight jacket, plastic poncho or raincoat/shell (small travel umbrellas are good in case of downpours)